

COMMUNITY RESOURCES IN NIAGARA

For more information on services in the Niagara Region, contact
INFORMATION NIAGARA at 211 OR 1-800-263-3695
www.infoniagara.com

Mediation Services

Mediation is a voluntary dispute resolution process for couples dealing with separation and divorce.

Centre for Family Mediation – St. Catharines www.family-mediation.net	905-988-6200, ext 470
Family Counselling Centre Niagara www.fccniagara.on.ca	905-937-7731 OR 1-888-937-7731
Pathstone Mental Health www.pathstonementalhealth.ca	905-688-6850

See also “Mediation-Services” in the yellow pages of your phone book, The Ontario Association for Family Mediators web site at www.oafm.on.ca OR call Information Niagara.

Legal Help

The following organizations provide general information on legal services:

Legal Aid Ontario www.legalaid.on.ca	1-800-668-8258
Legal Aid (Niagara) Located in the St. Catharines Court House 59 Church Street, 2 nd Floor	905-685-8695
Lawyer Referral Service	1-800-268-8326

For a list of Lawyers/Legal Firms in the Niagara Region see "Lawyers" in the yellow pages of your phone book OR call Information Niagara.

Collaborative Law

To find a collaborative family law lawyer, visit the Ontario Collaborative Law Federation website at www.oclf.ca

Family Arbitration

For more information on the family arbitration process see the “Family Arbitration” section of the Ministry’s web site at www.attorneygeneral.jus.gov.on.ca/english/family/arbitration

Family Law Information Centre

905-988-6200, ext 470

Located in the St. Catharines Court House
59 Church Street, 4th Floor

Hours of Operation: Monday, Wednesday, Thursday, Friday 9:00am – 1:00pm
Tuesday 12:30pm – 4:30pm

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Additional On-Line Resources

Family Law Rules

www.e-laws.gov.on.ca/html/regs/english/elaws_regs_990114_e.htm

“A Guide to Procedures in Family Court” is available at

www.attorneygeneral.jus.gov.on.ca/english/family/guides/fc/

The forms are available at www.ontariocourtforms.on.ca.

Spousal Support Advisory Guidelines

www.justice.gc.ca/eng/pi/fcy-fea/spo-epo/g-ld/spag/index.html

Child Support Guidelines

www.attorneygeneral.jus.gov.on.ca and choose “Family Justice”

Family Responsibility Office

www.mcss.gov.on.ca/en/mcss/programs/familyResponsibility/index.aspx

Counselling Services for Adults and Children (Non-profit)

These organizations offer a wide range of programs/services to support adults and children dealing with life issues including but not limited to separation and divorce.

Family Counselling Centre	905-937-7731
www.fccniagara.on.ca	
Niagara Health System-Children’s Clinic	905-378-4647, ext 46573
Pathstone Mental Health (Child & Adolescent Services)	905-688-6850
www.pathstonementalhealth.ca	

*Private counselling services are also available. Fees **may** be covered by your Employee Assistance Program. **Some** private counsellors offer reduced fees depending on need.

For a complete list of private counsellors in the Niagara Region, call Information Niagara, or see "Marriage, Family and Individual Counsellors" in the yellow pages of your phone book.

To find out more about children’s reactions during separation visit www.phac-aspc.gc.ca/publicat/mh-sm/divorce/intro-eng.php

Parenting Workshops & Supports

Family Counselling Centre Niagara	905-937-7731 OR 1-888-937-7731
www.fccniagara.on.ca	

Pathstone Mental Health	905-688-6850
www.pathstonementalhealth.ca	
✓ Supervised Visitation & Exchange Niagara	ext 258
✓ Various Workshops (topics/fees listed on web site)	ext 163

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Children's Resources

The **Ontario Early Years Centres** provide a variety of programs for children up to six years of age and their parents/caregivers to enjoy and learn together. They also provide information and resources on parenting and child development. There are four Early Years Centres in Niagara:

Erie-Lincoln (Central Office - Port Colborne) oeyc-pc@portcares.on.ca	905-834-9071
Niagara Centre (Welland) oeyc.nc@facsniaagara.on.ca	905-734-3563
Niagara Falls oeycniagarafalls@ncdsb.com	905-357-2398
St. Catharines oeycstcatharines@ymcaofniagara.ca	905-938-9392

For more information on these Centres, including hours of operation, programs, satellite locations etc visit: www.ontarioearlyyears.ca

There are also a number of other resource centres that provide drop-in programs and information for parents and caregivers:

Bethlehem Parent/Child Resource Centre - Welland	905-641-1660
Centre de Santé Communautaire – Welland	905-734-1141
Child Adult Resource Exchange (C.A.R.E.) - St. Catharines	905-227-9783

Other Services/Resources

Design for a New Tomorrow DFNT@bellnet.ca	905-684-1223
Women's Place Niagara Falls St. Catharines (Gillian's Place) www.gilliansplace.com Welland	905-356-5800 905-684-8331 905-788-0113
Family and Children's Services Niagara www.facsniaagara.on.ca	905-937-7731
Niagara Regional Police Services Emergency 9-1-1	905-688-4111

PLEASE NOTE

The information provided in this handout was current at the time it was created but is subject to change. The *Centre for Family Mediation* does not assume any responsibility for the accuracy, completeness or usefulness of the information provided in this handout, nor does the inclusion or exclusion of any organizations listed or not listed in the document imply endorsement or lack thereof of the programs/services offered by the organizations.